

Work Sample 1: This Project Abstract was co-written by Prima Strategies staff with the organization team for a federal grant submission in May, 2020, as part of a federal grant submission. The organization's name and specialized services are redacted for confidentiality.

2. Project Abstract:

The [REDACTED] is applying for the OVC-2020-18332 Services for Victims of Human Trafficking grant purpose area 3: Specialized Services for Human Trafficking Victims. The award will enable [REDACTED] to expand and enhance our restorative services to victims of human trafficking.

Services to be Provided

[REDACTED] program will provide therapeutic and intensive [REDACTED] to also include: 1) individualized continued support, 2) access to an educational scholarship program and survivor emergency funds, 3) [REDACTED] 4) regular small group 'zoom' support sessions, 5) access to the private Facebook page with past attendees and volunteers, and 6) the ability to attend future alumni and family retreats.

Plan and Implement " [REDACTED] "

[REDACTED] consists of an intake and orientation to the [REDACTED]; individualized continued emotional support through informal counseling; access to educational scholarship program and survivor emergency funds; private access to [REDACTED]; regular small group 'zoom' support calls to address crisis interventions and long term goals; access to the private Facebook page with past attendees and volunteers, and the ability to attend future alumni and family retreats.

[REDACTED]'s partners include licensed counselors who are trauma-informed experts on the issue and have experience working with human trafficking victims in a multitude of settings arenas. Our partners also include actual survivors, law enforcement, trained volunteers from the community who have skill sets to teach the survivors, as well as experts in working with male survivors, families, and at-risk youth. They will design and implement a full service, resiliency program for survivors of human trafficking. These partners will assist in the enhancement of the proposed program to serve families and male survivors.

The geographic region will be nationwide with the [REDACTED] in the midwest. [REDACTED] will accept survivors from across the nation, who qualify for the program, and [REDACTED] in Ohio or Michigan. The second phase of the program will be held virtually to allow for survivors residing anywhere in the country to have full access to the program through chat apps, private social media groups, and virtual support groups. Additional expansion includes creating a [REDACTED].

\$527,909 is being requested in federal funding.

Work Sample 2: A staff training for a nonprofit wholly prepared and facilitated by Prima Strategies Staff. This was for onboarding new staff and facilitated in December, 2017. The organization's name and specialized services are redacted for confidentiality.

PRIMA STRATEGIES GROUP

ELEVATE YOUR ORGANIZATION.

████████████████████ STAFF TRAINING Facilitator Copy; December 19, 2017; Day 1 of 2

4pm Welcome
Materials (M): Butcher paper, markers, agendas

Goal: introduce self to group & goals of session

Goals of session:

- 1) Re-examine Human Trafficking definitions, myths, and ways to address
- 2) Solidify team around ██████████ Mission
- 3) Introduce team members to one another to greater prepare for opening
- 4) Review core principles of trauma-informed care practices

Some group expectations

- No cell phones, except on breaks
- Stretch, bathroom, move as needed
- [Items in center of table are for use during training; can use your own; no noises; not too distracting to others]
- Respect
- All voices/ opinions matter--not just agency leadership
- Speak up/ Step Back
- Parking Lot
- Gotta Dos

4:15 Group Welcome
M: Copy paper, markers, pens, scrap paper

Part 1: have group complete name tents including symbols & words to describe themselves

Part 2: have group write one secret about themselves that no one in the room knows, are willing to share, and then have room guess

4:45 Who are we, what do we do, and why do we do it?
M: Butcher paper, markers

Divide group into pairs, have them write a two sentence description for each question of who the agency is

Have share, indicate repeated words & phrases on butcher paper; at the end ask if there is anything missing; is there anything

Reflection Questions (RQ): what did we learn with this activity; any surprises

5:15 Myths & Truths

M: Handouts, pens

Have group complete handouts & discuss.

Survivors: no one experience is the same

RQ: What is one new truth that you learned

5:45 Break

6:00 Weird Human Tricks

M: None

Have group gather in circle, review name of person and one fact from their name tag; each person then has to do a weird human trick/ dance without any props

RQ: Why are these activities needed in this group?

6:15 Trauma-informed Care Aspects Review

M: TIC Handout, pens

Review the TIC Handout, ask based on what people know about [redacted] program, to rate the program (scale 1-10) each principle.

Take each principle and break it down, how does SH meet it.

6:45 Review parking lot, Roses & Thorns, & Next steps

M: Parking lot

Next training will focus on a lot more role plays and group interactions

References:

<https://www.theatlantic.com/business/archive/2015/07/stress-toys-focus-work/398453/>

https://www.samhsa.gov/samhsaNewsLetter/Volume_22_Number_2/trauma_tip/guiding_principles.html

<http://sphweb.bumc.bu.edu/otlt/MPH-Modules/SB/BehavioralChangeTheories/BehavioralChangeTheories6.html>

Work Sample 3: A workshop for all ages on Intersectional Feminism wholly prepared by Prima Strategies Staff co-facilitated with a community activist, facilitated in April, 2018.

1:10 Introductions

2 min Deena; 2 min Takara

Name, professional identification, and first time you realized girls were treated differently than boys or first time you realized that there was genderism in the world

1 min guidelines & norms Deena

No phones

No sidebars

RESPECT each other's perspective, don't argue just state your thoughts

Benefit of the doubt- assume that someone is coming from a place of good and that any language or phrases that come off as disrespectful are not intended but rather they may not know how they may hurt

Gender is a social construct but since we are all members of society, please use the terms that are comfortable for you; unless otherwise stated if facilitators say woman or man, that includes not just traditional definitions but anyone who identifies as such; of course, there are people who do not speak in such limiting gender terms--we'd love to go into that more, but with the time we have and the focus being feminism, we welcome all positive terminology in this room

1:15 Group introductions: Deena

If more than ten, have group pair off and introduce self to partner by answering same questions (Name, school identification, and first time you realized girls were treated differently than boys or first time you realized that there was genderism in the world)

If fewer than ten, have each person in room answer questions (Name, school identification, and first time you realized girls were treated differently than boys or first time you realized that there was genderism in the world)

1:20 History of feminism game: Takara & Deena

Materials: historical events and years on separate cards

Group has to guess the year that something happened. Match event and year cards.

Can do as a whole group or in teams depending on group size.

1:30 Who did feminism leave out: Takara

Discussion

Groups to look for in answers: LGBTQ, poor women, Women of Color, Immigrants

Who is feminism leaving out now: youth, disabled, poor women, working class, religions

1:40 Can we love feminism despite its past

Quick, "yes or no" answers from the audience and facilitators

1:45 Facilitators answer

5 min Takara; 2 min Deena

1:52 Going Forward: Intersectionality

What is it, Deena

What defines a woman/ do we need a definition

2:00 Conclusion

2 min Takara, what you want the group to take with them

1 min Deena, what you want the group to take with them

7 Q&A

Year	Event/ Information	Other notes
2008	youngest woman elected as a US Mayor	20 yr. old Jenny Lynn Barger
1909	Two black women help found NAACP	Ida B. Wells & Mary Church Terrell
2012	First disabled woman elected to US Congress	Tammy Duckworth, 2016 first disabled woman elected to US Senate & 2nd Asian American woman, 2018 first senator to give birth while in office/ got breastfeeding allowed on Senate floor
2012	First gay US senator	Tammy Baldwin
1889	First female Native American Doctor	Susan La Flesche
1837	The first time "feminisime" is used (France)	Charles Fourier, Utopian world included equality for women
2016	First Muslim woman elected to a US state legislature	Ihan Omar
1806 BC	First recorded female ruler	Scbekneferu/ Neferusobek
1968	First black woman elected to US Congress	Shirley Chisolm
2010	First Latina US governor	Susana Martinez
1915	Washington Herald coins what is now considered the definition of feminism: the doctrine of the social, legal, and political equality of the sexes"	
1913	First Asian American Woman Nobel Prize Winner	Rabindranth Tagore (literature)
1851	Sojourner Truth speech on race and gender in Akron Ohio	
1955	First Lesbian Rights organization founded in SF, CA	came 31 years after first gay men's rights group
1962	Dolores Huerta helped found National Farm Wokers Association (now known as United Farm Workers)	website mostly credits Cesar Chavez
1872	First woman to run for US president	Victoria Woodhull
2009	First woman of color appointed to US Supreme Court	Sonia Sotomayer
1984	First Jewish woman elected as a US Governor	Madeline Kunin
2014	First woman of color self-made billionaire	Oprah
1987	First woman inducted into Rock & Roll Hall of Fame	Aretha Franklin, hall started in 1986
1905 ish	First ever self-made woman millionaire	Sarah Breedlove, aka Madam CJ Walker